

Legend

- starting point
- marked forest path
- marked hiking trail
- marked climb
- ski touring
- winter hiking trail
- roboggan run
- cross-country track easy classic
- cross-country track easy skating
- cross-country track medium classic
- cross-country track medium skating
- ice skating
- curling
- thermal bath
- Kaiserburg-Bob
- Snow-Tubing
- mountain
- hut with catering*
- hut without catering*
- hut for overnight stay*
- car parking
- train station
- motorway
- main road
- regional road
- railway

* Opening hours: See homepage or www.seebundberg.at

Welcome to the ski carousel



The first snowflakes in November set the tone for winter TIME between lake and mountain. It is the TIME when the ski carousel begins to turn in the pre-Christmas light.

Unlimited skiing fun

At the peak of winter skiing, winter guests discover new runs every day with just **one ski pass** and make wide turns on the perfectly groomed slopes of Bad Kleinkirchheim, Turracher Höhe, Goldeck sports mountain, the Hochrindl and Falkert.

Southern winter sun

Away from the slopes it's the wild, white expanses of the **UNESCO Biosphere Reserve Carinthian Nockberge** which tempt you to embark on a four-day ski tour along the **Nockberge Trail**. Whether on the slopes or trail: cosy huts invite you to take a break with loungers on the terraces to soak up the southern winter sun.

Warm springs & sunshine skiing
Pure relaxation is provided by the healing thermal water that fills the large pools of the two spas in Bad Kleinkirchheim and the bathhouse on the shores of Lake Millstätter See.

Sunshine skiing combines the best of two worlds: ski runs on the the south-facing balcony of the Alps and relaxing hours on the sunny terraces by the lakes!

Here we take TIME,
to feel the freedom.



WinterTIME away from the slopes



A winter holiday on the south side of the Alps offers much more than just skiing and snowboarding fun.

With touring skis

The two educational ski touring trails are particularly suitable for a first safe tour between lake and mountain: the 1st Carinthian ski touring nature trail on the Falkert and the Millet Rise Up Parcours on Goldeck sports mountain.

On touring skis through the UNESCO Biosphere Reserve Carinthian Nockberge: everyday life becomes a thing of the past not long after setting off on the **Nockberge Trail**. Gentle ridges and open slopes alternate with spectacular deep snow descents. Winter sports enthusiasts are out and about for four days. Thanks to the five ski resorts along the route, comfort is guaranteed!

On snowshoes

A snowshoe tour with a ranger promises a touch of adventure and the pleasure of a sweet Kaiserschmarrn.

Glide along elegantly

That's what the cross-country ski trail in Bad Kleinkirchheim, which bears the province of Carinthia's seal of approval, invites you to do. Snow is also guaranteed on the high-altitude trails on the Falkert, Turracher Höhe and the Hochrindl.

Natural ice

The **Turracher See**, **Brennsee**, **Flatschacher See** and **Maltschacher See** invite you to go ice skating. For your first attempts at ice skating and curling, there is an ice rink in almost every village.

Winding your way down

Long, winding **natural toboggan** runs, including on the Hochrindl and in Bad Kleinkirchheim, lend themselves to day trips and often also tobogganing at night.

Horse-drawn sleighs

On the Hochrindl, in Bad Kleinkirchheim and on the Turracher Höhe, you can enjoy a romantic horse-drawn sleigh ride through the snow-covered winter landscape accompanied by the sound of bells.



Our winter holiday with the kids

A winter wonderland with gentle mountains, a large number of **family-friendly slopes** in five winter sports centres and TOP offers such as the €1 ski pass for kids in Bad Kleinkirchheim or free skiing for children on Goldeck sports mountain make the Nockberge a family winter tip on the southern side of the Alps.

And in between? Skis and snowboards are swapped for tyres and bobsleighs. In the ski resorts of Turracher Höhe and Bad Kleinkirchheim, it's all about **snow-tubing** and **roller bobsleigh** runs. If you're still not tired after a day's skiing then it's time for a slide contest. The **drautalperle** adventure pool in Spittal and the Family & Health Spa St. Kathrein in Bad Kleinkirchheim have the longest slides in Carinthia.

excursion tips for winterTIME

- **Sagamundo** - House of Storytelling: Guaranteed to be fabulous!
- **Kaslabn Radenthein cheese dairy**: Delightful insights!
- **Granatum Radenthein**: An experience for young and old revolving around the garnet gemstone!
- **Kranzelbinder myth of the gemstone**: Sparkling gemstones!
- **Museum of Folk Culture Spittal/Drau**: History at Porcia Castle!
- **Schloss Albeck**: Theatre and more!
- **Nockalm reptile zoo**: Mambas, cobras, rattlesnakes ...
- **Winter boat trip on Lake Millstätter See**: A magical winter voyage!
- **kultur forum amthof, Feldkirchen**: Concerts, children's theatre, workshops ...



MY WINTER TIME between lake and mountain

The best tips for my winter holiday in the ski carousel!



seeundberg.at



TIME for skiing and wellness



From the slopes to the spas

Ski holidays and wellness - a winning combination that promises relaxation and enjoyment! In Bad Kleinkirchheim, the slopes and thermal spas are just a few steps away from each other.

The **Thermal Römerbad** extends over three levels and offers relaxation at the highest level with 13 different saunas and an infinity pool with a view of the ski slopes. The extensive sauna landscape, combined with soothing thermal water, creates an unrivalled wellness experience.

The **Family & Health Spa St. Kathrein** offers fun in the water for the whole family... With Carinthia's longest water slide, a varied sauna landscape and spacious indoor and outdoor pools, which together form the largest water area of any thermal spa in Carinthia, adventure and relaxation are guaranteed.

Lakeside wellness at Badehaus Millstätter See
A winter holiday by the lake is pure relaxation. In combination with a visit to the Millstätter See bathhouse, it becomes a special winter experience. After a sauna session in the tower sauna, a refreshing dip in Lake Millstätter See awaits.

Ambitious swimmers can do their laps at **drautalperle** adventure pool and then relax in the spa area with a sauna session or in the whirlpool.

Tip: A good dozen **day spas** between lake and mountain score with exclusive and varied offers. Give it a go and enjoy!



My ski resorts on the southern balcony of the Alps

Five winter sports centres around the UNESCO Biosphere Reserve Carinthian Nockberge invite you to enjoy some winter fun on the southern side of the Alps! We're talking about varied ski mountains with slopes for every level, dazzling white alpine pastures. There are significantly more hours of sunshine on the southern balcony of the Alps than in most other Austrian ski resorts!

More sunshine!
There are significantly more hours of sunshine on the southern balcony of the Alps than in most other Austrian ski resorts!

Ski resort Bad Kleinkirchheim:

- **Kilometres of slopes:** 103 km (11 blue 1 84 red 1 8 black)
- **Lift facilities:** 24
- **Infrastructure:** Kaiserburg Bob, Funline, Kidsslope, Snowpark, 4 ski schools, ski kindergarten, 2 thermal baths, varied winter activities away from the slopes and much more.

Tip: The Bad Kleinkirchheim ski area is one of the largest in Carinthia! A good opportunity to explore the pistes is the "Ski before 9" event. None other than ski emperor **Franz Klammer** himself accompanies the ski guests. His favourite slopes, the loveliest sunrise spots and a refreshment stop.

Ski resort Turracher Höhe:

- **Kilometres of slopes:** 43 km (14.5 blue 1 25 red 1 3.2 black)
- **Lift facilities:** 15
- **Infrastructure:** 4 ski schools, Nocky Flitzer, snow park, cross-country ski runs, winter hiking trails and many other winter activities.

Tip: Early in the morning the **Piste Butler** on Turracher Höhe already has bagfuls of drinks, snacks and recommendations. The Piste Butler loves the surprise effect, awaiting guests with a glass of sparkling wine or sweet treat between spectacular views and relaxed descents.

Ski resort Sportberg Goldeck:

- **Kilometres of slopes:** 30 km (6.5 green 1 10.8 blue 1 6.5 red 1 6.3 black)
- **Lift facilities:** 8
- **Infrastructure:** Freeride area, ski school, Carinthia's highest children's area, Bivouac Sky (cable) - a romantic place to spend the night for 2 and much more.

Tip: Black, fast and steep - that's the **new S1** on the **Goldeck sports mountain**. With an altitude difference of 1600 metres, it is the **longest black run in the Alps** and an absolute highlight for experienced skiers.



Ski resort Hochrindl:

- **Kilometres of slopes:** 21 km (5.4 blue 1 7.7 red 1 11.4 black)
- **Lift facilities:** 7
- **Infrastructure:** Ski school, family ski area with FIS race, inviting huts, toboggan runs, winter hiking trails and much more.

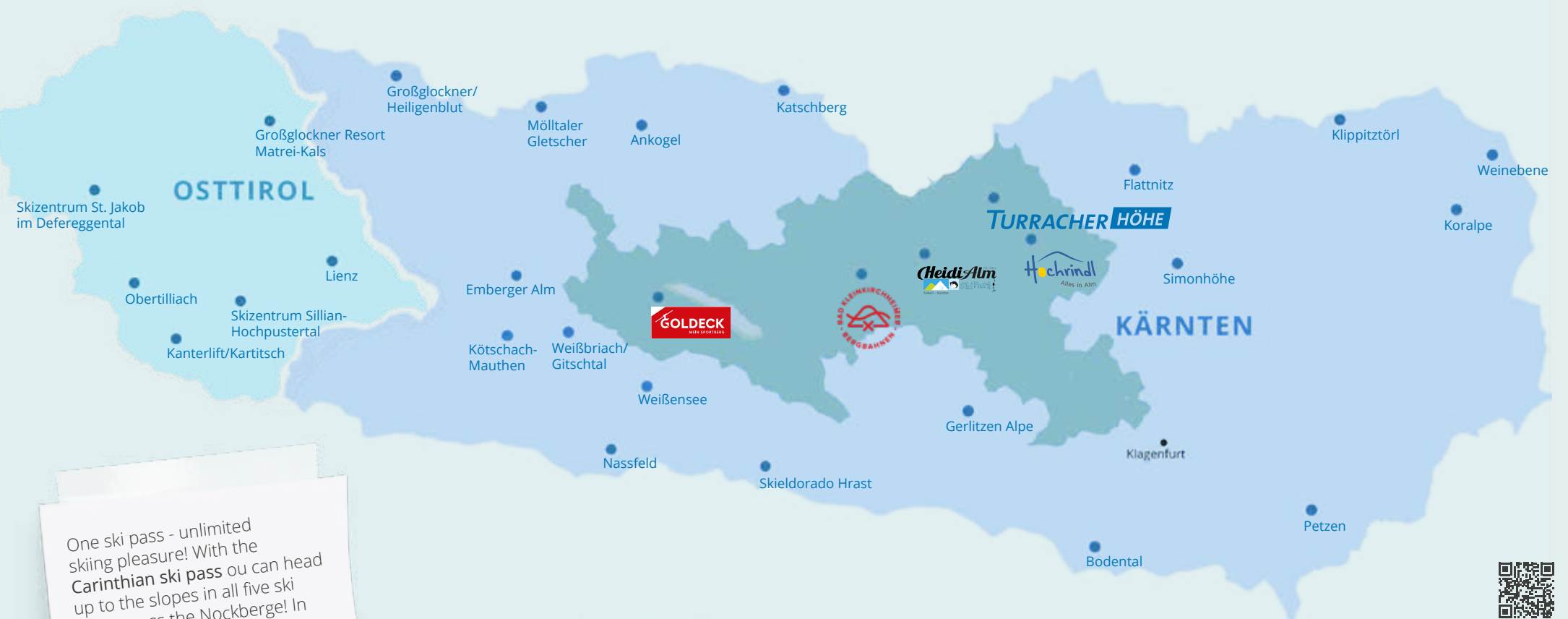
Tip: Alpine skiing vs. cross-country skiing: if you are not yet a Nordic winter sports fan, you need to watch out on the Hochrindl. The surroundings and perfectly groomed high-altitude trails will most certainly tempt you to give cross-country skiing a go.



Ski resort Heidi Alm Falkert:

- **Kilometres of slopes:** 11 km (3 blue 1 8 red 1 0 black)
- **Lift facilities:** 3
- **Infrastructure:** Ski school, Heidi's SchneeAlm for budding ski pros and much more.

Tip: There are places where parents can relax in comfortable deckchairs and kids can have a ball in the great outdoors. Heidi's Schnee-ALM on the Falkert is such a place. A **covered magic carpet** and a **rope lift** take the young skiers to the top. With **Schnucki, Josef** and **Alm-Öhi** as helpers, the first turns are particularly easy.



One ski pass - unlimited skiing pleasure! With the **Carinthian ski pass** you can head up to the slopes in all five ski areas: across the Nockberge! In addition, new slopes in a further **24 ski areas throughout Carinthia and East Tirol** can be explored every day.

From ice cold ...

Discover something new for yourself, boost your health and push your limits towards a little happiness - by cold bathing in the winter lakes. It's easier together! The cold bathing weekends and cold bathing workshops are a great introduction to this cool hobby.

... to boiling hot!

Alpine sauna fragrances drift through the air all autumn. They rise from between the thermal springs in the Kirchheim high valley and the bathhouse and sauna houses by Carinthia's deepest lake. How about a soothing stone pine infusion after an active day in the snow?

The soothing sauna heat relaxes body and soul. In contrast, cold bathing invigorates the circulation, strengthens the body's defences and refreshes the mind.



TIME for sunshine skiing and spring fever



The snow has already receded from the lake shores, the pistes are glistening in the spring light and the first skiers are making their way down the slopes in t-shirts! All sure signs that the TIME of sunshine skiing has arrived!

6 experiences that awaken spring fever! Conquer the slopes in the morning and in the afternoon ...

- ... experience the summit cinema from the sunny spots on the mountain!
- ... take a seat on the lakeside terraces and toast to TIME together!
- ... play a round of golf with a view of the lake!
- ... explore the lakeside promenades!
- ... plan your first long-distance hike on the Via Paradiso!
- ... go on a relaxed e-bike tour through spring!



Good to know

Mobile between lake and mountain
The Nockmobil connects all important points in the region, while the ski buses link the surrounding area with the major ski centres. With the Millstätter See Inclusive Card and the Sonnenschein Card, many mobility offers are discounted and some, such as the ÖBB S-Bahn connections in Carinthia, are even free of charge.

Car-free journey:
Carinthia railway station shuttle: From the railway station to your accommodation in comfort: www.bahnhofshuttle-kaernten.at

Airport shuttle from Klagenfurt:
www.kaernten-transfer.at

My Regioncards!
The Millstätter See Inclusive Card, the Sonnenschein Card and the Butlercard are the key to numerous experiences in the region.

Find & book!

Accommodation for my winter holiday in the Millstätter See - Bad Kleinkirchheim - Nockberge region!

Become one of the NocksCrew!
My career opportunities in the lake and mountain living space!



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EU-emergency number: 112
Ambulance service: 144
Fire service: 122
Police: 133
Mountain rescue: 140
Emergency doctor: 141
ÖAMTC-breakdown service: 120
ARBO-breakdown service: 123

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